



NOURISHING NEIGHBORS

FREE FRESH PRODUCE DISTRIBUTION
& RESOURCE EXCHANGE

2026 EXCHANGE SCHEDULE

TUESDAY, JULY 7TH: 10 A.M. - GLADES TOWN PARK, OAKLAND, MD

TUESDAY, JULY 14TH: 10 A.M. - CREEKSIDE PARK, WESTERNPORT, MD

TUESDAY, JULY 21ST: 10 A.M. - FRIENDSVILLE COMMUNITY PARK, FRIENDSVILLE, MD

TUESDAY, JULY 28TH: 10 A.M. - BETHEL PENTECOSTAL HOLY CHURCH, LONACONING, MD

TUESDAY, AUGUST 4TH: 10 A.M. - MT. LAKE PARK - CITY HALL, MT LAKE PARK, MD

TUESDAY, AUGUST 11TH: 10 A.M. - CITY PLACE, FROSTBURG, MD

TUESDAY, AUGUST 18TH: 10 A.M. - HOFFMAN PARK, FROSTBURG, MD

TUESDAY, AUGUST 25TH: 10 A.M. - CRELLIN ELEMENTARY, CRELLIN MD

TUESDAY, SEPTEMBER 1ST: 10 A.M. - BROADFORD LAKE PARK PAVILION #5, MT LAKE PARK, MD

TUESDAY, SEPTEMBER 8TH: 10 A.M. - CITY PLACE, FROSTBURG, MD

TUESDAY, SEPTEMBER 15TH: 10 A.M. - GRANTSVILLE TOWN PARK, GRANTSVILLE, MD

TUESDAY, SEPTEMBER 22ND: 10 A.M. - GLADES TOWN PARK, OAKLAND, MD

LIMITED AVAILABILITY OF FRESH PRODUCE BOXES
AVAILABLE ON A FIRST COME, FIRST SERVE BASIS

*limited to one box per household

Together We Eat Fresh

