

Food Resources for Allegany County, MD

Food Pantries

Bruce Outreach Center Pantry

301-707-9195 Grace Glass
Thurs 4-6 pm or by appt.

Friendship Haven Food Pantry

301-724-2382
1st and 3rd Sundays at 12
Tuesdays at 10:30

Frostburg Area Interfaith Pantry

301-687-1728
Tues-Thurs 9-10:30am
referral from DSS

First Church of Nazarene

301-777-1480

Gateway to Hope Food Pantry/Clothes Closet

304-676-7163 – Susan (call anytime if
emergency)
1st and 3rd full week Tues. 10-1
Friday 3-6 pm

George's Creek Food Pantry

301-338-1585
Bethel Holiness Church, Lonaconing
1st Tuesday each month
10am-12noon

Healing Hunger Food Service

301-724-4467
Located in Cumberland

Interfaith Community Pantry

301-777-7882 must be referred to by DSS

LaVale Assembly Church

301-759-2863
Monday-Friday 10-11 am

LaVale United Methodist Church Pantry

565 National Highway
Tuesday & Thursday 1-2pm
Tuesday 5-6pm
301-722-6800

Mt. Savage Catholic Church Pantry

4th Wed 10am-12pm
301-777-1750

New Day Church

240-362-7621
Every Tuesday 10:30-12:30

St. Anthony Food Pantry at St. Mary's Church

301-777-1750
Mon, Wed, Fri – 1-3 pm

Tritowns Food Pantry

at Presbyterian Church in Piedmont, WV
Services Westernport MD 301-707-2222
Wednesday, 10:30 am to 12:30pm

Salvation Army

301-777-7600
Food Pantry Open Mon-Fri. 2-4pm
Walk in

Second Baptist Church Pantry

Oldtown Road
301-722-5190
Tuesday 9am-12:30pm Food Bank

Western Maryland Food Bank

301-722-2797
food & hygiene products



Food Giveaways (subject to change) and Food Programs and Restaurant

<u>Frostburg City Place</u> 11a-1p 4th Thursday of month <u>Flintstone United Methodist Church</u> 240-522-2460 3rd or 4th Thursday of every month 9a-until gone <u>Hope Station</u> 240-362-7168 Photo ID food pantry 1 x per month by appointment only Fresh produce 4th Friday every Month 1st come 1st serve	<u>Mt. Savage Volunteer Fire Department</u> 4th Tuesday of every Month 1-3p <u>South Penn Elementary School</u> 3rd or 4th Thursday of every month 12p-3:30p 301-777-1755 <u>St John's Lutheran Church</u> 400 Arch Street 1-4pm 3rd Thursday of month food giveaway 301-724-7250
<u>Allegany County Dept of Social Services</u> SNAP Program/Food Stamps Food Supplement Program 301-784-7000 <u>America's Hauling for Hope-Allegany County</u> Home delivery program if meet guidelines Application here: <u>americashaulingforhope.org/allegany-county</u> <u>Community Café</u> 127 N. Centre Street Cumberlandcommunitycafe.org Pay what you can restaurant Sunday, Monday, and Tuesdays from 11-2	<u>HRDC Meal Services</u> Ages 60+ 301-777-5970 <u>WIC Program</u> Allegany County WIC 301-759-5020 <u>Union Rescue Mission</u> 301-724-1585 Food Card Program fill out application 3 meals a day Mon-Sat, 2 meals on Sunday Food Boxes also every 2 weeks and they must present the Food Card 301-784-7000

Senior Centers

<u>Cumberland Senior Citizen Center</u> 301-777-5970 <u>Georges Creek Senior Citizen Center</u> 301-463-6215 home delivered meals Frostburg/Shaft//Midlothian/ Midland/Lonaconing/Barton	<u>Frostburg Senior Citizen Center</u> 301-689-5510 <u>HRDC Meal Services</u> Ages 60 + 301-777-5970 Home delivery to Senior Citizens <u>Westernport Senior Citizen Center</u> 301-359-9930 Home delivery Westernport & Rawlings
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Compiled by Allegany County Health Department Nutrition Program (edited 10.31.25)

<https://myalleganyhealth.org/nutrition/>