

Food Resources for Allegany County, MD

Food Giveaways (subject to change) and Food Pantries

<p><u>Frostburg City Place</u> 11a-1p 4th Thursday of month</p> <p><u>Flintstone United Methodist Church</u> 240-522-2460 3rd or 4th Thursday of every month 9a-until gone</p> <p><u>Hope Station</u> 240-362-7168 Photo ID food pantry 1 x per month by appointment only Fresh produce 4th Friday every Month 1st come 1st serve</p>	<p><u>Mt. Savage Volunteer Fire Department</u> 4th Tuesday of every Month 1-3p</p> <p><u>South Penn Elementary School</u> 4th Thursday of every month 12p-3:30p 301-777-1755</p> <p><u>St John's Lutheran Church</u> 400 Arch Street 1-4pm 3rd Thursday of month food giveaway 301-724-7250</p> 
<p><u>Bruce Outreach Center Pantry</u> 301-707-9195 Grace Glass Thurs 4-6 pm or by appt.</p> <p><u>Frostburg Area Interfaith Pantry</u> 301-687-1728 Tues-Thurs 9-10:30am referral from DSS</p> <p><u>Gateway to Hope Food Pantry/Clothes Closet</u> 304-676-7163 – Susan (call anytime if emergency) 1st and 3rd full week Tues. 10-1 Friday 3-6 pm</p> <p><u>George's Creek Food Pantry</u> 301-338-1585 Bethel Holiness Church, Lonaconing 1st Tuesday each month 10am-12noon</p> <p><u>Healing Hunger Food Service</u> 301-724-4467 Located in Cumberland</p> <p><u>Interfaith Community Pantry</u> 301-777-7882 must be referred to by DSS</p>	<p><u>LaVale United Methodist Church Pantry</u> 565 National Highway Tuesday & Thursday 1-2pm Tuesday 5-6pm 301-722-6800</p> <p><u>Mt. Savage Catholic Church Pantry</u> 4th Wed 10am-12pm 301-777-1750</p> <p><u>Tritowns Food Pantry</u> at Presbyterian Church in Piedmont, WV Services Westernport MD 301-707-2222 Wednesday, 10:30 am to 12:30pm</p> <p><u>Salvation Army</u> 301-777-7600 Food Pantry Open Mon-Fri. 2-4pm Walk in</p> <p><u>Second Baptist Church Pantry</u> Oldtown Road 301-722-5190 Tuesday 9am-12:30pm Food Bank</p> <p><u>Western Maryland Food Bank</u> 301-722-2797 food & hygiene products</p>

Food Programs and Restaurant

<p><u>Allegany County Dept of Social Services</u> SNAP Program/Food Stamps Food Supplement Program 301-784-7000</p> <p><u>America's Hauling for Hope-Allegany County</u> Home delivery program if meet guidelines Application here: americashaulingforhope.org/allegany-county</p> <p><u>Community Café</u> 127 N. Centre Street Cumberlandcommunitycafe.org Pay what you can restaurant Sunday, Monday, and Tuesdays from 11-2</p>	<p><u>HRDC Meal Services</u> Ages 60+ 301-777-5970</p> <p><u>WIC Program</u> Allegany County WIC 301-759-5020</p> <p><u>Union Rescue Mission</u> 301-724-1585 Food Card Program fill out application 3 meals a day Mon-Sat, 2 meals on Sunday Food Boxes also every 2 weeks and they must present the Food Card 301-784-7000</p>
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Senior Centers

<p><u>Cumberland Senior Citizen Center</u> 301-777-5970</p> <p><u>Georges Creek Senior Citizen Center</u> 301-463-6215 home delivered meals Frostburg/Shaft//Midlothian/ Midland/Lonaconing/Barton</p>	<p><u>Frostburg Senior Citizen Center</u> 301-689-5510</p> <p><u>HRDC Meal Services</u> Ages 60 + 301-777-5970 Home delivery to Senior Citizens</p> <p><u>Westernport Senior Citizen Center</u> 301-359-9930 Home delivery Westernport & Rawlings</p>
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Compiled by Allegany County Health Department Nutrition Program
<https://myalleganyhealth.org/nutrition/>

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