

*Healthy Harvest:*

# FRESH IDEAS FOR EATING WELL

Join us in the Frostburg City Place meeting room for this free event! Sample delicious recipes made with fresh veggies, fruits and beans and get tips on how to add these healthy foods to your family's meals.



**Thursday, May 22**



**11:30 AM**



Scan to register



Register in advance and your produce bag will be waiting for you at the event!