



## BEHAVIORAL HEALTH SERVICES Frequently Asked Questions

Behavioral Health provides services for mental health treatment, outpatient and inpatient addiction treatment, prevention services, halfway housing and transportation to appointments at the facility.

Here are some frequently asked questions about our program:

### ***What type of services do you offer?***

All treatment is individualized to meet each person's need. We provide evaluation and treatment for any type of mental health or addiction issues, including gambling. We are able to refer to higher levels of care (i.e. inpatient treatment) if medically necessary. We offer individual, family, and group therapy along with medication evaluation and management. We also have Intensive Outpatient Programs for those that may require more intensive mental health or addiction treatment. Prevention services and halfway house placement is also available through our program.

### ***How do I know if I'm eligible for treatment?***

You can call 301-759-5280 or 301-759-5050 to find out if you meet eligibility criteria.

### ***Are services offered for children and adolescents?***

Yes. Mental health services are available for ages 3 and up. We provide addiction evaluation and treatment for adolescents and youth. Prevention services are also available for youth.

### ***Do I need to schedule an appointment to be seen?***

No. Walk-ins are available Monday through Friday between the hours of 8:30 a.m.- 3:00 p.m. for outpatient addictions. Walk in hours for mental health is 9:00 a.m. – 2:00 p.m. If you are unable to come during these times, please call and speak to an Intake Worker at 301- 759-5280 or 301-759-5050 so that we can better accommodate you.

### ***Do you take private insurance?***

Yes. We take Maryland Medicaid, Medicare and most Commercial Insurances. The Maryland Sliding Fee Schedule is utilized when assessing fees.

### ***Do you provide transportation?***

Yes. We provide transportation for individuals who meet the transportation criteria and have appointments at our Outpatient facilities. If you don't meet the transportation criteria and transportation is a problem for you, please call our program at 301-759-5050 for additional suggestions. Massie provides transportation to their facility within the State of Maryland.

### ***Will I receive medication at my first mental health appointment?***

No. Your first visit will be an evaluation with a licensed therapist. You will then be assigned to your case coordinator who will talk to you about if you want to have a medication evaluation. If so, you would then be scheduled with the psychiatrist or nurse practitioner.

***If my child is in a crisis, do you offer any type of crisis appointments?***

Yes. Emergency mental health crisis intervention for children and adolescent patients are offered Monday-Friday from 8am – 2pm. Trained crisis counselors are prepared to provide services for critical situations requiring immediate attention and or/psychiatric hospitalization. You must be an established client to be seen for a crisis appointment.

***I need to have inpatient treatment for my alcohol and/or drug use. How can I get admitted?*** You can have an evaluation in the outpatient addiction program, and they can make the appropriate referrals as needed. You can also make a self-referral to Massie by calling 301-777-2285.

***How do I get into the Allegany House (Halfway House)?***

Your treatment provider can refer you or call 301-777-2497 for more information.

***Are Medications for Opiate Use Disorder (MOUD) and Alcohol Use Disorder (AUD) available?***

Yes. We offer Buprenorphine in our Outpatient Addictions Program in the form of Suboxone, Zubsolv, and Sublocade, with Brixadi coming soon! We also provide Vivitrol Injections for Opiate and Alcohol Use Disorder. An individual must be receiving counseling at our clinic while receiving this medication. If an individual is being managed medically by another provider who does not offer counseling services, they can receive counseling at our clinic. The Massie Unit also offers medications for MOUD and AUD as part of their treatment as well.

***Does the Massie unit offer detox?***

Yes, we are licensed for Withdrawal Management ASAM 3.7 WM

***Is the 12-Hour Alcohol Education Program for Maryland offered?***

Yes. An individual will be evaluated regarding what services are medically appropriate.

***Do you do presentations in the community about tobacco, alcohol and/or drugs?***

Yes. Behavioral Health Prevention offers free presentations/training tailored to meet the needs of the audience.

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