

# ALLEGANY COUNTY MARYLAND

## ACCESS TO FOOD RESOURCES

### FOOD PANTRIES



#### **Bruce Outreach Center Pantry**

301-707-9195 Grace Glass  
Thurs 4-6 pm or by appt.

#### **Cumberland Community Church**

240-522-4038

1st Wednesdays 11-12 pm

Must call 1 week prior to picking up. Valid ID and proof of residence required

#### **First Church of Nazarene**

301-777-1480

#### **Friendship Haven Food Pantry**

301-724-2382

1<sup>st</sup> and 3<sup>rd</sup> Sundays at 12

Tuesdays at 10:30

#### **Frostburg Area Interfaith Pantry**

301-687-1728

Tues-Thurs 9-10:30am

referral from DSS

#### **Gateway to Hope Food Pantry/Clothes Closet**

304-676-7163 – Susan (call anytime if emergency)

1<sup>st</sup> and 3<sup>rd</sup> full week Tues. 10-1

Friday 3-6 pm

#### **George's Creek Food Pantry**

301-338-1535

Bethel Holiness Church, Lonaconing

1<sup>st</sup> and 3<sup>rd</sup> Tuesday each month

10am-12 noon

One visit per month

#### **Interfaith Community Pantry**

301-777-7882

must be referred to by DSS



#### **LaVale Assembly Church**

301-759-2863

Monday-Friday 10-11 am

#### **LaVale United Methodist Church Pantry**

565 National Highway

Tuesday & Thursday 1-2pm

Tuesday 5-6pm

301-722-6800

#### **Mt. Savage Catholic Church Pantry**

4th Wed 10am-12pm

301-777-1750

#### **New Day Church**

240-362-7621

Every Tuesday 10:30-12:30

#### **Salvation Army**

301-777-7600

Food Pantry Open Mon., Wed., Fri. 2-4pm

Walk in

#### **Second Baptist Church Pantry**

Oldtown Road

301-722-5190

Tuesday 9am-12:30pm Food Bank

#### **St. Anthony Food Pantry at St. Mary's Church**

301-777-1750

Mon, Wed, Fri – 1-3 pm

#### **Tri-Towns Food Pantry**

at Presbyterian Church in Piedmont, WV

Services Westernport MD 301-707-2222

Wednesday, 10:30 am to 12:30pm

#### **Western Maryland Food Bank**

301-722-2797

food & hygiene products

# Farmer's Market



April - October

**Thursdays:** Cumberland at Canal Place

Festival Grounds & Shops:

9:30AM - 1:00PM

**Fridays:** Frostburg City Place:

9:30AM - 1:00PM

**Saturdays:** Cumberland at Canal Place  
at the Train Station: 9:30AM - 1:00PM

For local farms and markets visit

[www.BuyLocalAllegany.org](http://www.BuyLocalAllegany.org)

Allegany County Farmer's Market

<https://www.alleganyfarmersmarkets.com/>



# winter markets

10:00AM - 12:00PM

At City Place in Frostburg, MD

**November**

Friday, November 7<sup>th</sup> and 21<sup>st</sup>

**December**

Friday, December 12<sup>th</sup> and 26<sup>th</sup>

**January**

Saturday, January 10<sup>th</sup> and 24<sup>th</sup>

**February**

Saturday, February 7<sup>th</sup> and 21<sup>st</sup>

**March**

TBD

**MAIN SEASON OPENS  
APRIL 30TH**

*All Markets Accept SNAP & FMNP*

## food giveaways

(Subject to Change)

### Flintstone United Methodist Church

240-522-2460

3rd or 4th Thursday of every month

9a-until gone

### Frostburg City Place

11a-1p 4th Thursday of month

### Hope Station

240-362-7168

Photo ID food pantry 1x per month by appointment only

Fresh produce 4th Friday every Month

1st come 1st serve

### Mt. Savage Volunteer Fire Department

4<sup>th</sup> Tuesday of every Month 1-3p

### South Penn Elementary School

3<sup>rd</sup> or 4<sup>th</sup> Thursday of every month 12p-3:30p

301-777-1755

### St John's Lutheran Church

400 Arch Street

1-4pm 3<sup>rd</sup> Thursday of month food giveaway

301-724-7250



### Community Dinners

#### Christ Lutheran Church

301-729-1010

1222 Vocke Road in LaVale

Drive through dinners 3rd Saturday  
3-5 pm

#### Friendship Haven Community Lunch

301-724-2382

Saturday before 4th Sunday of the  
Month 11-1

Pay What  
you Can

RESTAURANT



### Community Cafe

127 N. Centre Street

[Cumberlandcommunitycafe.org](http://Cumberlandcommunitycafe.org)

Sunday, Monday, and Tuesdays from 11-2



## FOOD PROGRAMS

### Allegany County Dept of Social Services

SNAP Program/Food Stamps

Food Supplement Program

301-784-7000

### America's Hauling for Hope-Allegany County

Home delivery program if meet guidelines

Application here:

[americashaulingforhope.org/allegany-county](http://americashaulingforhope.org/allegany-county)

### Union Rescue Mission

301-724-1585

Food Card Program fill out application

3 meals a day Mon-Sat, 2 meals on Sunday

Food Boxes also every 2 weeks and they must present the

Food Card

### WIC Program

Allegany County WIC

301-759-5020

### SENIOR CENTERS

#### Cumberland Senior Citizen Center

301-783-1722

#### Frostburg Senior Citizen Center

301-689-5510

#### Georges Creek Senior Citizen Center

301-463-6215

#### HRDC Meal Services & Home Deliveries

Ages 60 +

301-783-1737

#### Westernport Senior Citizen Center

301-359-9930

Home delivery Westernport & Rawlings